

List Of Common Emotions

Thanks to John Harrington for his assistance in this work; John is a counselor and instructor of Psychology at UMPI. This is not an exhaustive list of emotions. Communication, counseling, education, medical, psychology, and sociology literature, among others, provide an even wider range of feeling words.

abandoned	abashed	accused	aggressive
alienated	agonized	aloof	amused
angry	annoyed	apathetic	apologetic
arrogant	ashamed	baffled	bashful
belittled	bewildered	bitter	bored
burdened	callous	cautious	cheerful
cheated	compassionate	confident	confused
content	crushed	curious	deceived
defiant	deficient	deflated	dejected
denied	depressed	despairing	despondent
determined	deserted	disappointed	disapproving
disbelieving	disconcerted	discouraged	disgusted
dishonest	dismayed	disoriented	distant
distasteful	distracted	distraught	distressed
downcast	downtrodden	elated	embarrassed
enthusiastic	ecstatic	enraged	envious
evasive	excited	excluded	exuberant
flustered	fearful	forlorn	frantic
frightened	frustrated	furious	gloomy
grieving	guarded	guilty	happy
hateful	helpless	hopeless	hopeful
horrified	hostile	humiliated	hurt
hysterical	ignored	inadequate	indifferent
indignant	innocent	insecure	isolated
insulted	intense	jealous	jubilant

livid	lonely	loved	mean
melancholy	mischievous	miserable	mournful
negligent	optimistic	outraged	paranoid
peaceful	perplexed	pessimistic	pleased
protective	proud	provoked	puzzled
regretful	relieved	remorseful	resentful
sad	satisfied	self-pitying	sheepish
shocked	shy	silly	smug
spiteful	stubborn	sure	surprised
sympathetic	suspicious	thankful	thoughtful
thrilled	tranquil	trapped	uncomposed
undecided	underestimated	uneasy	unwanted
upset	uplifted	weak	withdrawn